Page 2

substrate;

a vacuum chamber;

a substrate supporter, located within the vacuum chamber, for holding a

a gas manifold for introducing process gases into the chamber;

a gas distribution system, coupled to the gas manifold, for distributing the process gases to the gas manifold from gas sources;

a power supply coupled between the substrate supporter and the gas manifold;

a vacuum system for controlling pressure within the vacuum chamber;

a controller, including a computer, for controlling the gas distribution system, the power supply and the vacuum system; and

a memory coupled to the controller comprising a computer readable medium having a computer readable program code embodied therein for directing operation of the substrate processing system, the computer readable program code including:

computer readable program code for causing the gas distribution system to introduce a first process gas comprising a mixture of SiH₄ and N₂O into the chamber to deposit a first plasma enhanced CVD layer over the wafer; and

computer readable program code for causing the gas distribution system to introduce a second process gas comprising He into the chamber to control the deposition rate of the first layer.

- 2. A substrate processing system as in claim 1 wherein the computer readable program code for causing the gas distribution system to introduce the first process gas comprising a mixture of SiH₄ and N₂O into the chamber controls the introduction of the SiH₄ to be between 5 to 300 sccm, and the rate of N₂O to be between 5 to 300 sccm.
- 3. A substrate processing system as in claim 2 wherein the computer readable program code for causing the gas distribution system to introduce a second process gas comprising He into the chamber controls the chamber pressure at about 1 to 6 torr.
- 4. A substrate processing system as in claim 3 wherein the computer readable program code for causing the gas distribution system to introduce the first process gas comprising a mixture of SiH₄ and N₂O into the chamber controls the introduction of the SiH₄ to be at a ratio of between 0.5 to 3 times the amount of N₂O.

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Page 3

5. A substrate processing system as in claim 1 further comprising: computer readable program code for causing the gas distribution system to introduce a third process gas comprising NH₃ into the chamber; and

computer readable program code for causing the gas distribution system to introduce a fourth process gas comprising N_2 into the chamber.

6. A substrate processing system as in claim 5 wherein:

the computer readable program code for causing the gas distribution system to introduce a third process gas comprising NH₃ into the chamber controls the introduction of the NH₃ to be between a rate of 0 to 300 sccm; and

the computer readable program code for causing the gas distribution system to introduce a fourth process gas comprising N_2 into the chamber controls the introduction of the N_2 to be between a rate of 0 to 4000 sccm.

- 7. A substrate processing system as in claim 1 further comprising computer readable program code for controlling the gas distribution system to operate for a specified time period.
- 8. A substrate processing system as in claim 7 wherein the computer readable program code for controlling the gas distribution system to operate for a specified time period comprises computer readable program code for causing the first plasma enhanced CVD layer to be formed to a thickness which is an odd multiple, greater than one, of a wavelength of light to be used in a subsequent process operation on the layer.
- 9. A substrate processing system as in claim 2 wherein the computer readable program code for causing the gas distribution system to introduce the first process gas comprising a mixture of SiH_4 and N_2O into the chamber controls the introduction of the SiH_4 to be between 15 to 160 sccm, and the rate of N_2O to be between a rate of 15 to 160 sccm.
- 10. A substrate processing system as in claim 9 further comprising: computer readable program code for causing the gas distribution system to introduce a third process gas comprising NH₃ into the chamber at a rate of less than 150 sccm; and

computer readable program code for causing the gas distribution system to introduce a fourth process gas comprising N₂ into the chamber at a rate of less than 300 sccm.

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Page 4

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44. A substrate processing system, comprising:

a process chamber;

a\substrate support, located within the vacuum chamber, for supporting a

substrate;

a power supply;

a gas delivery system for delivering process gases into the process chamber; a controller configured to control the power supply and the gas delivery system;

and

a memory coupled to the controller comprising a computer readable medium having a computer readable program embodied therein for directing operation of the substrate processing system, the computer readable program including a first set of computer instructions for controlling the gas delivery system to introduce selected deposition gases into the process chamber at deposited gas flow rates, a second set of computer instructions for controlling the gas delivery system to add a flow of an inert gas to the selected deposition gases at a flow rate previously determined to achieve a desired low deposition rate from a plasma enhanced reaction of the selected deposition gases, the desired low deposition rate being lower than a deposition rate using the selected deposition gases at the deposition gas flow rates with a lower flow rate of the inert gas, and a third set of computer instructions for controlling the power supply to supply power to the process chamber to produce a plasma enhanced reaction of the deposition gases in the process chamber to deposit a film at the low deposition rate.

- 45. The substrate processing system of claim 44 wherein the inert gas comprises helium.
- 46. The substrate processing system of claim 44 wherein the selected deposition gases comprise silane and an oxygen source
- 47. The substrate processing system of claim 44 wherein the selected deposition gases comprise silane and nitrous oxide.
- 48. The substrate processing system of claim 44 wherein the selected deposition gases comprise silane and a nitrogen source.

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Page 5

- 49. The substrate processing system of claim 44 further comprising a vacuum system for controlling pressure within the process chamber, and wherein the computer-readable program further comprises a fourth set of computer instructions for controlling the vacuum system to maintain a chamber pressure in the range of 1-6 Torr, and wherein the selected deposition gases comprise SiH₄ flowed into the chamber at a rate of 5-300 sccm and N₂O flowed into the chamber at a rate of 5-300 sccm.
- 50. The substrate processing system of claim 49 further comprising a heater for heating the substrate, and wherein the computer-readable program further comprises a fifth set of computer instructions for controlling the heater to heat the substrate to a temperature in the range of 200-400°C.
- 51. The substrate processing system of claim 50 wherein the substrate support is spaced from the gas distribution system at a distance in the range of 200-600 miles.
- 52. The substrate processing system of claim 49 wherein the selected deposition gases further comprise NH₃ flowed into the chamber at a rate of less than 300 sccm, and N₂ flowed into the chamber at a rate of less than 4000 sccm.
 - 53. (Amended) A substrate processing system, comprising:
 - a process chamber;
- a substrate support, located within the [vacuum] process chamber, for supporting a substrate;

an RF power supply;

- a heater;
- a gas delivery system for delivering process gases into the process chamber;
- a controller configured to control the power supply and the gas delivery system;

and

a memory coupled to the controller comprising a computer readable medium having a computer readable program embodied therein for directing operation of the substrate processing system, the computer readable program including a first set of computer instructions for controlling the gas delivery system to flow He into the process chamber at a selected flow rate to provide a chamber pressure in the range of 1-6 Torr, a second set of computer instructions for controlling the RF power supply to supply power of 50-500 Watts to



David Cheung et al.

Application No.: 09/418,818

Page 6

the process chamber, a third set of computer instructions for controlling the heater to heat the substrate to a temperature in the range of $200\text{-}400^{\circ}\text{C}$, a fourth set of computer instructions for controlling the gas delivery system to flow SiH₄ at a flow rate of 5-300 sccm into the process chamber, and a fifth set of computer instructions to flow N₂O at a flow rate of 5-300 sccm into the process chamber, wherein a ratio of the selected flow rate of He to the combined flow rate of SiH₄ and N₂O is at least 6.25:1 to deposit an antireflective layer on the substrate at a deposition rate which is lower than a deposition rate using the same flow rate of SiH₄ and the same flow rate of N₂O with a lower flow rate of He.

54. (Amended) A substrate processing system, comprising:

a process chamber;

a substrate support, located within the [vacuum] process chamber, for

supporting a substrate;

a power supply;

a gas delivery system for delivering process gases into the process chamber;

a controller configured to control the power supply and the gas delivery system;

and

a memory coupled to the controller comprising a computer readable medium having a computer readable program embodied therein for directing operation of the substrate processing system, the computer readable program including a first set of computer instructions for controlling the gas delivery system to flow selected deposition gases into the process chamber at deposition gas flow rates, a second set of computer instructions for controlling the gas delivery system to add allow of an inert gas to the selected deposition gases at a flow rate previously determined to achieve a desired low deposition rate from a reaction of the selected deposition gases, the desired low deposition rate being lower than a deposition rate using the selected deposition gases at the deposition gas flow rates with a lower flow rate of the inert gas, and a third set of computer instructions for controlling the power supply to supply power to the process chamber to react the deposition gases to deposit a film at the low deposition rate.

55. (New) A substrate processing system comprising:

a process chamber;



Page 7

a substrate support, located within the process chamber, for supporting a substrate;

a gas delivery system for delivering selected deposition gases into the process chamber at deposition gas flow rates;

means for adding a flow of an inert gas to the selected deposition gases at a flow rate previously determined to achieve a desired low deposition rate from plasma enhanced reaction of the selected deposition gases, the desired low deposition rate being lower than a deposition rate using the selected deposition gases at the deposition gas flow rates with a lower flow rate of the inert gas, and

means for depositing a thin film at the low deposition rate from a plasma enhanced reaction of the deposition gases.

56. (New) The system of claim 55 further comprising:
means for maintaining a chamber pressure of the process chamber in the range of 1-6 Torr; and

means for heating the substrate to a temperature in the range of 200-400°C.

57. (New) A substrate processing system comprising:

a processing chamber;

a substrate support, ocated within the processing chamber, for supporting a

means for flowing He into the processing chamber at a selected flow rate to provide a chamber pressure in the range of 1-6 Torr;

means for connecting the chamber to an RF power supply to receive 50-500

Watts;

substrate;

means for heating the substrate to a temperature in the range of 200-400°C; means for flowing SiH₄ through a gas distribution system at a flow rate of 5-300

sccm; and

means for flowing N_2O through the gas distribution system at a flow rate of 5-300 sccm, wherein a ratio of the selected flow rate of He to the combined flow rate of SiH₄ and N_2O is at least 6.25:1 to deposit an antireflective layer on the substrate at a deposition rate

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which is lower than a deposition rate using the same flow rate of SiH₄ and the same flow rate of N₂O with a lower flow rate of He.

- 58. (New) The system of claim 57 further comprising means for introducing NH₃ into the chamber at a rate of 0-300 sccm.
- 59. (New) The system of claim 58 further comprising means for introducing N_2 into the chamber at a rate of 0-4000 sccm.
 - 60. (New) A substrate processing system comprising:

means for forming an antireflective layer over a layer on a substrate by flowing selected deposition gases into a substrate processing chamber at deposition gas flow rates and adding a flow of an inert gas to the selected deposition gases to deposit the antireflective layer at a desired deposition rate which is lower than a deposition rate using the selected deposition gases at the deposition gas flow rates with a lower flow rate of the inert gas;

means for forming a layer of photoresist on the antireflective layer, the rantireflective layer having a thickness and refractive indices such that a first reflection from an interface between the photoresist and the antireflective layer of an exposure light will be an odd number which is at least 3 multiplied by 180° out of phase with a second reflection from an interface between the antireflective layer and the substrate layer of the exposure light; and means for forming a photoresist pattern by exposing the photoresist layer to the exposure light and developing the exposed photoresist layer.

61. (New) A substrate processing system comprising:

means for forming an SiON antireflective layer over a first layer on a substrate by flowing selected deposition gases into a substrate processing chamber at deposition gas flow rates and adding a flow of an inert gas to the selected deposition gases to deposit the SiON antireflective layer at a desired deposition rate which is lower than a deposition rate using the selected deposition gases at the deposition gas flow rates with a lower flow rate of the inert gas, said antireflective layer having a refractive index in the range of 1.7-2.9, an absorptive index in the range of 0-1.3, and a thickness in the range of 200-3000 angstroms;

means for forming a layer of photoresist over the antireflective layer; and means for forming a photoresist pattern by exposing the photoresist layer to an exposure light having a wavelength of 365 nm or less and developing the exposed photoresist

